

Text Extracted from Sensica Videos

All five videos use background music with no spoken voiceover — every instruction is delivered through on-screen captions. The text below is transcribed from those captions, in the order it appears on screen. Icon/timer labels are noted in brackets.

1. Sensifirm — HOW TO (0:59)

- How to Use Sensifirm
 - *Read the instruction for use prior to usage
 - LIPOTHERM RF™ technology
 - Cellulite reduction & body contouring
 - Plug in the device
 - Select your preferred energy level
 - 3 metallic balls for easy application
 - Apply a uniform layer of Base Gel on treatment area
 - Use your palm to set the treatment size
 - Remember to perform a preliminary test before commencing your treatment
 - Make contact by a gentle pression of the device on the skin
 - Vibration indicate full skin contact
 - Move slowly in circular motions [10 Min]
 - You can either use 2 or 4 electrodes
 - If the temperature drops, try to reduce the treatment area
 - Lying on your side makes it easy to reach treatment areas
 - 2 sensors monitor the temperature for a safe treatment
 - SENSICA
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2. Sensifirm — new edit short HD 1080 (0:25)

A short promotional edit. It contains no instructional captions — only on-screen timer/motion icons ([10 Min], circular-motion hand icon) and the closing brand logo.

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3. Sensilift — HOW TO (1:06)

- How to Use Sensilift
- *Read the instruction for use prior to usage
- DRF™ technology — The only dynamic device!
- 2 Safety temperature sensors
- Get started by cleaning your face from any topical products
- Plug in the device
- Select 1 from 3 energy levels by touch
- Enjoy a pleasant massage
- Apply the Base Gel
- 3 metallic balls for easy application
- Remember to perform a preliminary test before commencing your treatment
- Move slowly in circular motions
- Move slowly up & down
- Do not treat thyroid area
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Treatment-zone timer icons: Crow's feet [5 Min] · "Eleven" lines [5 Min] · Forehead [10 Min] · Jawline [5 Min] · Décolletage [5 Min, *for each sub-area] · Hands [5 Min]

4. Sensilight PRO — HOW TO (1:02)

- How to Use Sensilight PRO
- Cordless
- Unlimited flashes
- RPL™ Technology
- 2 Years Warranty
- Get started by shaving — no plucking before the treatment
- Enjoy hair-free skin
- Plug in the device
- Incredible!!! — The device delivers up to 600 flashes between charges!
- Detect recommended energy level
- The device will not flash if your skin is not suitable [skin-tone scale 1–3]
- The device will not flash if your skin is not suitable [skin-tone scale 1–6, tone 6 excluded]
- Snap on the precise window
- You can either Glide or use it in Stamp mode
- No need to press
- Do not use over tattoos
- SENSICA

Treatment-zone timer icons: Lower Legs [7 Min] · Arms · Face · Arm pit [3 Min]

5. Sensilight Mini — HOW TO (1:00)

- How to Use Sensilight Mini
- *Read the instruction for use prior to usage
- 100,000 Flashes
- RPL™ Technology
- Get started by shaving — No plucking before the treatment
- Remarkable!!! — Compact and light weight
- Plug in the device
- Select energy level
- Remember to perform a preliminary test before commencing your treatment
- The device will not flash if your skin tone is not suitable [skin-tone scale 1–4]
- The device will not flash if your skin tone is not suitable [skin-tone scale 1–6, tone 6 excluded]
- Choose either Glide or Stamp mode
- Do not use over tattoos
- SENSICA

Treatment-zone timer icons: Lower Legs · Arm [4.5 Min] · Face [2.5 Min]