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What is Sensimatch

Sensimatch is a multi-treatment home use device offering pedicures, body peeling and massage. These treatments are delivered through dedicated Adapt2U™ pads, which are simply snapped on to the device.

Sensimatch Adapt2U™ technology

Sensimatch is designed to perfectly adapt to all your body's unique curves, using its revolutionary patented Adapt2U™ technology. Adapt2U™ is based on flexible pads filled with air, making them supple and adaptable to the shape of the skin's surface. Choose your treatment, snap the pad on to the device, and enjoy smooth, personalised, visible results – effortlessly.

Benefits of using the Sensimatch

Body Peeling

- Exfoliate to reveal more radiant and smoother-looking skin.
- Stimulate skin renewal.
- Optimise application of topical creams and lotions.

Pedicure

- Gradually remove toughened, callused skin to enjoy smoother, cleaner feet.

Massage

- Enjoy the relaxing feeling of stress and tension relief.
- Increase microcirculation.

What to expect when using Sensimatch

- You will feel a warm sensation in the treated area as the device moves across your skin.
- You may notice a thin white layer of exfoliated dead skin cells in the treated area, during and just after use.



Please make sure to carefully read these Instructions for Use before you start your Sensimatch treatment. The User Guide can also be found at www.sensica.com



If in doubt, please consult a physician before using Sensimatch.

Sensimatch description

Sensimatch kit includes:

1. Sensimatch device
2. External power supply
3. Three Adapt2U™ snap-on pads:
 - gentle body peeling
 - gentle pedicure
 - massage

Description



Use Sensimatch only with the original power supply and snap-on pads that are provided with the device. For your safety, **never** use the device with accessories that have not been explicitly approved by the manufacturer.

User instructions



Please read all instructions and safety precautions carefully before using your Sensimatch.

Device Set-Up

- Remove all components from the box (the Sensimatch device, power supply and Adapt2U™ pads).
- Make sure the device is clean, dry and intact before each use. Cleaning instructions are detailed in the **Cleaning** section below.
- Snap the Adapt2U™ pad for the treatment you have selected on to the pad adapter of the device (see image – item 3).
- Insert the plug into an electric outlet, and then insert the power cord into the device electric power socket (see image – item 1).

Your Sensimatch device is now ready for use!

How to use Sensimatch

1. Make sure your skin is clean and dry.
2. Sit in a position that is comfortable for the treatment.
3. Turn on the device using the switch located on the back side of the device (see image – item 2). The device has two speeds levels – select the one that you find most comfortable.
4. **Before your first treatment, you should perform a preliminary test. See the following chapter for details.**
5. Hold the device over the treatment area (see image– item 4) and move it continuously, gliding it gently but firmly over the skin. Sensimatch is equipped with a safety mechanism that will stop it from working when the device is pressed too hard on the body.



Holding the device still on a single spot may cause the skin in that area to become over sensitive. In some cases, it may cause unwanted hair removal. See **Possible side effects section** below for further details.

7. You may feel a warm sensation during, or immediately after treatment—this is perfectly normal. Continue the treatment, moving the device gently over the whole area.
8. After each treatment session, turn off (select speed level 0) and unplug the device.

Note: The Sensimatch device is intended for your private use. It is not suitable for use by multiple users or in a commercial setting.



To avoid side effects, do not over-treat your skin!

Preliminary test

The preliminary test is intended to determine how your skin will react to the Sensimatch treatment, and to help you to find the most comfortable setting and optimal treatment duration for you, for each treatment area.

Perform a preliminary test on a small, less-exposed area of skin in each area you intend to treat:

1. Plug in the device and attach the correct snap-on pad for the treatment you intend to carry out.
2. Start with speed level 1, increasing to speed level 2 only once you are sure it is comfortable.
3. Choose a small, less-exposed patch of skin in the desired treatment area, hold the Sensimatch device over the area and glide it across the skin in a smooth, continuous motion, for 2–3 seconds.
- 4.

Stop the test immediately if you do not feel comfortable, or if you see adverse effects such as the skin becoming over sensitive. See **Possible side effects** section below for further details. If your skin hurts during or after treatment, you may be using the device incorrectly. Check the following before continuing treatment:

- a. You may be over-treating the same area – do another test on a different area, for a shorter period of time, gliding the device more quickly over the skin.
- b. You may be pressing too hard against your skin – try

taking off some pressure.

You may be using a speed

- c. level that is too high for that area – try reducing the speed level.
5. After the preliminary test, wait 24 hours and examine the tested area – if the skin in the test area seems normal (no adverse effects) you can proceed with a full treatment.
 6. If you are satisfied with the preliminary test results, remember the settings you used and apply them when doing a full treatment.

Recommended treatment protocols

Body peeling



- It can be used over your entire body, except for your face, front of the neck, scalp, underarms, genitals and other intimate body parts.
 - Your Sensimatch kit comes with a gentle body peeling pad. (Peeling pads last for around 20 treatments. Make sure to replace the pad after that, to ensure effective treatment).
 - Attach the peeling pad to the device adapter (see image – item 3). Turn on the device on and select the desired speed level – 1 or 2.
 - **Remember to start with a preliminary test when treating an area for the first time.**
 - Treat the selected area by moving the device continuously over each patch of skin for 2–3 seconds and not longer than 2–3 minutes for the entire area, depending on the size of the treatment area. Using the device for longer than recommended may cause skin irritation. Note: Results are visible from the very first treatment. However, reducing tough skin may take more than one treatment session.
 - After completing the treatment,
- The body peeling pad provided in the Sensimatch kit, as shown in the picture, is designed for removing dead skin cells and to leave your skin smooth and radiant.

turn off (by selecting speed level 0) and unplug the device. Wipe or wash the treated area and wipe off the pad (see **Cleaning** section).

- To keep your skin smoother for longer, it is highly recommended to follow each Sensimatch peeling treatment by applying a body cream or lotion.
- Sensimatch may be used again as needed, until the desired results are achieved. It is recommended not to treat the same area of skin more than once a week.
- Avoid direct sun exposure for at least one day after treatment and make sure to apply sunscreen of SPF 30 or higher.
- Do not perform any hair removal treatment just before or after the body peeling treatment, as it will lead to over sensitivity of the skin.

Note: When body-peeling areas of skin covered with hair, the hair may be removed in the process. It doesn't hurt - the hair just comes away with the excess skin.

Pedicure



- The pedicure pad provided in the Sensimatch kit, as shown in the picture is designed to remove rough, dry and callused skin from feet and heels.
- Your Sensimatch kit comes with a gentle pedicure pad. A coarse pad is available from the Sensica website: www.sensica.com. (Pedicure pads last for around 20 treatments. Make sure to replace the pad after that, to ensure effective treatment).
- Attach the pedicure pad to the device adapter (see image – item 3). Turn on the device and select the desired speed level – 1 or 2.
- **Remember to start with a preliminary test when treating an area for the first time.**
- Treat the selected area by moving the device continuously over each patch of skin for 2–3 seconds and not longer than 2–3 minutes, depending on your skin's condition.
- On difficult spots, where the skin is rough and thick, you should treat the area using

the pad edges.

Note: Results are visible from the very first treatment. However, reducing tough skin may take more than one treatment session.

- After completing the treatment, turn off (by selecting speed level 0) and unplug the device. Wipe or wash the treated area and wipe off the pad (see **Cleaning** section).
- To keep your feet smoother for longer, it is highly recommended to follow each Sensimatch pedicure treatment by applying a foot cream.
- Sensimatch may be used again as needed, until the desired long-term results are achieved.



The coarse pedicure pad (available at www.sensica.com) should not be used over skin without calluses.

Massage



- The massage pad provided in the Sensimatch kit, as

shown in the picture, is designed to provide muscle relaxation.

- The ergonomic, yin-yang shaped massage pad helps stimulate blood flow.
- The massage pad may be used on legs, arms, back, nape of the neck, shoulders or any other required area. It should not be used on the face, front of the neck, scalp, underarms, genitals and other intimate body parts.
- **Note: massage should be performed over clothes, not on bare skin.**
- Attach the massage pad to the device adapter (see image - item 3). Turn on the device and select the desired speed level – 1 or 2.
- Treat the selected area by moving the device over it continuously for a few minutes. Note: You may carry out massage treatments with Sensimatch as often as desired.
- After completing the treatment, turn off (by selecting speed level 0) and unplug the device.

When Sensimatch should not be used

Sensimatch is designed especially for you, to allow safe and effective treatment.

However, Sensimatch may not be appropriate for everyone.

Please read the information below before use. If you still have any doubts, and you are unsure whether Sensimatch is safe for your use, please consult your physician.

CONTRAINDICATIONS

DO NOT use the Sensimatch device if any of the following apply:

- If the skin in the treatment area has any problem, such as: wounds, redness, injury, sensitivity, lesions, moles, blisters, recent herpes or psoriasis outbreaks, or warts.
- If the skin in the treatment area is sunburnt.
- If you suffer from uncontrolled or unstable metabolic conditions, such as diabetes.
- If you suffer from an autoimmune system disorder.
- If you are taking blood thinners (anticoagulants).
- If you have skin cancer or the

skin in the treatment area/s is at risk of malignancy.

- If you suffer from keloid scar formation or impaired wound healing.
- If you have any tattoos, permanent make up, piercing or metal item, such as jewelry, on the treatment area.



If during or immediately after treatment you experience extreme redness of the skin, blistering, or burns – stop using immediately!

CAUTIONS

In order to avoid serious harm from using the Sensimatch device, please adhere to the following cautions:

- The device is for use by adults only and must be kept out of the reach of children.
- This device is not intended for use by persons with reduced physical, sensory or mental capabilities.
- Use only in accordance with these Instructions for Use, and only for the intended purpose.
- Do not use on the face, neck, scalp, underarms, genitals and other intimate body parts as it may cause serious skin injury.

- Do not overtreat any area of skin by performing too frequent treatments and/or by holding the device over the same area for too long.
- Never use flammable liquids, such as alcohol (including perfumes, sanitisers, or other applications containing alcohol) or acetone to clean the skin in the hour before using Sensimatch, as it may cause an unpleasant feeling to the skin.
- Sensimatch Adapt2U™ pads are designed to be used by a single user. Sharing or exchanging pads can transfer skin diseases between users.
- Before using Sensimatch, make sure the device is clean, dry and intact. Cleaning instructions are detailed in the **Cleaning** section below.
- Do not use the device if:
 - Any part of the device is missing, damaged, loose or broken.
 - The device is not working properly.
 - You see or smell smoke.
 - The device becomes damp or wet.



Use Sensimatch only with the original power supply and snap-on pads that are provided with the device. For your safety, never use the device with accessories that have not been explicitly approved by the manufacturer.

WARNINGS

- Do not open or repair the device, as it may expose you to dangerous electrical components.
- Do not place, store or use Sensimatch near bathtubs, showers, basins or other vessels containing water, as this may cause electrocution.

Possible side effects

When using the Sensismatch device according to these Instructions for Use, side effects are rare. However, every aesthetic procedure, including the use of home-use devices, may cause some degree of side effect. Therefore, it is important that you understand the risks and complications that can occur:

Degree of Side Effect	Side Effect
Minor	Local pain
	Skin irritation
	Redness
	Sensitivity to touch
Rare	Pigment changes
	Excessive redness
	Swelling
Extremely rare	Bruising
	Blisters

Cleaning

- Make sure to turn off (by selecting speed level 0) and unplug the device before cleaning.
- Clean the device with a soft, damp cloth or paper towel.
- It is recommended to clean Adapt2U™ pads following each treatment, in order to remove the remaining dead skin cells. Dampen a soft cloth with water only and use to gently clean the pad.
- After cleaning the pad, examine it to make sure it is symmetrical and not showing signs of overuse and wearing out. Note: Adapt2U™ pads are designed for use for approximately 20 treatments. In order to ensure effective treatment, make sure to replace the pad after completing 20 treatments.
- Keep the device and pads dry; never submerge the device, any of its parts or its pads in water as it may lead to electrocution.

Troubleshooting

If you experience any problems while using Sensimatch, please refer to the information below.

- If Sensimatch does not turn on:
 - a. Make sure that the power cord is plugged in properly to the electrical outlet and into the device socket.
 - b. Make sure that the power outlet has power.
- If Sensimatch stops working during a treatment session try using less pressure on the device as you glide it over the treatment area – if it is pressed too hard, the built-in safety mechanism will stop it from working.

If you still have problems with your device, please contact our customer service team.



Do not try to fix, repair or open the Sensimatch device on your own, as it may expose you to dangerous electrical components.

Customer service

For more information about Sensimatch, if your Sensimatch is broken or stops working, or if you need assistance, please contact us:

Europe:

☎ 44 0800 923 4833

@ supportUK@sensica.com

US & Canada:

☎ 1-855-SENSICA
(855-736-7422)

@ support@sensica.com

Frequently asked questions

Q: Is Sensimatch safe to use?

A: Yes. Sensimatch is designed for easy and safe use at home. It is equipped with an advanced safety mechanism that automatically stops the device if pressed too hard.

Q: Does Sensimatch hurt when you use it?

A: Not at all. When used in accordance with the Instructions for Use, you will just feel a warm sensation in the treated area as Sensimatch moves across your skin.

Q: Is long-term use safe for my skin?

A: Yes. All Sensica products are designed to be safe for frequent use, in accordance with the Instructions for Use, and as part of your regular beauty routine.

Q: Can men use Sensimatch?

A: Absolutely. Sensimatch is designed for both men and women. Note that when body-peeling areas of skin covered with hair, the hair may be removed in the process.

Q: How do I clean my Sensimatch device?

A: Make sure to turn off and unplug the device. Then wipe it clean with a soft, damp cloth or paper towel.

Q: How many times can I re-use the snap-on pads?

A: Each snap-on pad is designed to be used for up to 20 treatments. After that, you should replace it with a new one.

Device specification parameters

Mechanical rotation:
1000[RPM] and 1500 [RPM]

Selectable speed level:
2 levels

External power supply:
Input 100–240VAC, 50–60Hz
Output 12VDC, 1500mA

Device size:
12.07cm X 10.16cm X 7.7cm
(LxHxW)
4.75in X 4in X 3.03in (LxHxW)

Device weight:
249.48g (8.8oz)

Storage instructions

Storage and Transport Conditions

Temperature -25 °C to 70 °C
(-13 °F to 158 °F)

Humidity 5% to 90% RH
(non-condensing)

Pressure Non-condensing

Operational Conditions

Temperature 10°C to 40°C
(50°F to 104°F)

Humidity 5% to 90% RH
(non-condensing)

Max Operating Altitude 10,000 ft.
(3,050 meter)

Labelling

Model: PLO100UK or PLO100US

Power: 100–240VAC, 50–60Hz



Double insulation



Consult Instructions
for Use



Waste of Electronic
and Electrical Equipment



Please read all warnings
and safety precautions
prior to use



Keep dry



Use Sensimatch only
with the original power
supply and snap-on
pads that are provided
with the device. For
your safety, never use
the device with
accessories that have
not been explicitly
approved by the
manufacturer.



